

My blessed womb.
Your blessed womb.

The womb
creates
nourishes
feels
nurtures
loves.

With love the womb
creates
a beautiful being.
With love the womb
creates
a beautiful you.

A woman of great strength.
A woman of great depth.
Nurturing the child.
Nurturing the mother.
The womb allows.

Allowing a connection of love
to blossom into
beauty and being.
Yes, the womb does that.

I thank my womb for creating.
Thank you for my children.
Thank you for being within me.
Holding me.
Thank you for your magic that
helps me to heal, and see, and grow.
Thank you for your strength.
Thank you for your endurance.
Thank you for your patience.
Thank you for allowing me space to express.
Thank you for allowing me space to feel.

I honor my womb and allow
my life to be expressed and lived.
I celebrate the divine within me
and allow love to unfold.

Continuously nurturing
supporting
evolving
loving
birthing
growing.
Grow goodness.

Feel goodness grow in your womb.
Goodness for yourself.
Yes, be good to yourself.
You are good.
Feel goodness for Mother Earth,
whose gifts bless our lives
and guide us to
honor her.

For she offers us the fruits of her womb.
Honor the fruits of our being.
My blessed womb.
Your blessed womb.

By Helene Rose, *Blessed Womb- Inspirational Poems to Warm the Heart & Womb*